

Steven Work
1h · 🌐

March 11th, 2024

Good Monday Morning,
May the Spirit of the Gospel and the Holy Word be Always on our
Tongues, in our Hearts, Minds, and in our Hands.
Holy Virgin Mary and All Saints - Pray for us!

Index Number 2197:

Well yesterday's after-Mass Pot-Luck was a feast for the eyes,
unfortunately my appetite was sadly lacking and after only a few bites
I got the sick feeling I get recently when I break Fast with solid food,
and still working this morning to clear out what metabolic crap I see
in my Urine. .. I am considering Fasting for as long as I have energy to
move around, although my mind and old habits will likely prevent
that.

As a young man I was unknowingly 'hooked' on sports educed
endorphins, and my young man body was still relatively new to me
after I experienced a sports injury that put me in a full-leg cast, the
lack cause depression and loss of appetite. I stopped going to meals –
not even for social interactions – and after a while I noticed my leg in
the cast was flopping around inside with some pain to the broken
bones, and decided to weight myself – with the plaster full-leg cast I
was still 15 lbs less then my wrestling weight of 155 lbs.

So I started to force myself to eat. Perhaps after those weeks I was
also coming out to the endorphin withdraw but my eating as since
been 'disOrder' and unconnected to appetite in general. Timed meals
and usually more then I needed became the routine and .. and
perhaps this will break me from it, before I pass. My programmed
Gluttony Demon may die before me, which would be good.

Too bad that could not enjoy all the excellent food everyone brought
.. I did grab some fruit and ate it later and that went down well but I
think it was too much sugar .. well back to Fasting and reSetting
insulin sensitivity – perhaps after a long enough time it will be reset
any my body can repair some of the damage already done – organs
and vision – and I will be interested in eating again – Ordered eating.

Praise God for such help and Clarity!, and perhaps for speeding my
return a bit.

More things to consider.

Saint Fulton Sheen, all Saints of the Day – Pray for us!

May this be a Blessing to you and us all. [And all our Futures, and
future Multiverse Pasts.]

Here is that Zeppelin song I went so long not listening to and
rediscovering after it was a regular part of my life for a while., ..

“Led Zeppelin All My Love”
by/under Britta Simon Intuitive Channel
<https://youtu.be/gvBigNUKK1o>
{DropBox included - use URL at end if Link Broken}

So far I've watched a bit of their interview and this looks like their
generally decent to good legal coverage of some of our current-event
items – some suppressed., ..

“Ep. 201: Big Fani! Brooke Jackson! Amos Miller! Letitia James! AND
MORE! Viva & Barnes LIVE!”
by vivafrei
<https://rumble.com/v4ie34u-ep.-201-big-fani-brooke...>
[<https://rumble.com/v4ie34u-ep.-201-big-fani-brooke-jackson-amos-miller-letitia-james-and-more-viva-and.html>]
{DropBox included - use URL at end if Link Broken}

Insane Genocide Zionist Biden's State of the Union address was filled
with insanity, genocidal murdering, and more power to Talmud-
Sickened Satanic enslave Elites – Holodomor Part II, Gaza, and
continuation of the Genocide of Western white Fathers, Men, Family
while pushing womanhood deeper into demonic-forms directed from
Hell (like so many Jews.)

“CrossTalk Bullhorns: Invoking history”
by RT RT
<https://rumble.com/v4ik2v9-crosstalk-bullhorns-invoking...>
[<https://rumble.com/v4ik2v9-crosstalk-bullhorns-invoking-history.html>]
<https://odysee.com/@RT:fd/crosstalk-1103-yt:2>
[<https://odysee.com/@RT:fd/crosstalk-1103-yt:2>]
{DropBox included - use URL at end if Link Broken}

What will Jeff's point of view be today? – point of view of someone
who's life displayed the Mexico can be a good place to prepare for
Nuke war or similar provided you speak the language and have some
resources that will have value after the collapse of Talmud-Sickened
and Sickening Usury Enslavement baby-murdering father-children
separating Satanic Gov enforced Hell ..



psycho vicious cnts around us will be accepted by society. When such vile murdering horrors can be hanged for actively supporting of involved in baby-murder, and some False-Witnessing, and others life-destroying vileness now they are Jew-directed rewarded for, ..

“Death By Nuclear Attack, DEW’s, Cyber Apocalypse, EMF Brain Poisoning Or Self-Destruction?”
by DollarVigilante Dollar_Vigilante
<https://rumble.com/v4i65xc-death-by-nuclear-attack-dews...>
[<https://rumble.com/v4i65xc-death-by-nuclear-attack-dews-cyber-apocalypse-emf-brain-poisoning-or-self-d.html>]
<https://www.bitchute.com/video/VPUU3HtVnU>
{DropBox included - use URL at end if Link Broken}

This week’s current-events in media and else-where., ..

“#404 | Biden Regrets Saying ‘Illegal,’ Haiti Collapsing, Rust Armorer Convicted | Matt & Blonde Show”
by Matt Christiansen mlchristiansen Matt Christiansen Matt Christiansen
<https://www.youtube.com/live/b-Hyi7b519M>
<https://www.bitchute.com/video/b-Hyi7b519M>
<https://odysee.com/@MLChristiansen:d/20240310:a>
[<https://odysee.com/@MLChristiansen:d/20240310:a>]
<https://rumble.com/v4igvlc--biden-regrets-saying-illegal...>
[<https://rumble.com/v4igvlc--biden-regrets-saying-illegal-haiti-collapsing-rust-armorer-convicted-and-m.html>]
{DropBox included - use URL at end if Link Broken}

.. Sources ([https://tinyurl\(.\)com/255yobqw](https://tinyurl(.)com/255yobqw)), ..

<https://docs.google.com/.../1jdqhuQOYOZEoXcgmawWHxXU.../edit>
[<https://docs.google.com/document/d/1jdqhuQOYOZEoXcgmawWHxXUyRHnQowdI9YNrjsNKJes/edit>]
Archived: <https://archive.is/R7mMB>
PDF {DropBox included}

Follow-up to recent interview between Diane and Dr. Dutton. What are they missing – what level of evil-Blindness to the Sickness of womanhood and a society where Jew-Powerful enforcement is done by such vile cnts, including active Genocide of white men and fathers and mutilation and torture of children?, ..

“EP#109 | Examining Domestic Violence Allegations | With Dr. Don Dutton”
by Not On Record
<https://youtu.be/8XdWZsi0kok>
{DropBox included - use URL at end if Link Broken}

May God have Mercy on us all.

[Current popular Memes and Images - which reflect common thoughts of many - may be found on the SubStack version – Facebook Witches will/have punished my sharing of such.]

PS. Yesterday’s Post – for continuity - and [any] Referenced Posts, in that order ..

<https://stevenwork.substack.com/.../multiverse-journal...>
[<https://stevenwork.substack.com/p/multiverse-journal-index-number-2196>]
Archived: <https://archive.is/aissr> [completed same day]
DropBox: <https://www.dropbox.com/.../Multiverse-Journal-Index-Number-2196-March-10th-2024-Sunday-Morning-Updated-10-March-2024-same-day.pdf?rlkey=hg2mww8uz8t2fzs4qdgztzcsfx&dl=0>

<https://www.facebook.com/Steven.Work/posts/pfbid02XDhqTmRBS2seUZB7qMwNcQszsM2kXxdpS4LvC7xVMWvzjJdUhTew6QycKcXguVvSI>
[<https://www.facebook.com/Steven.Work/posts/pfbid02XDhqTmRBS2seUZB7qMwNcQszsM2kXxdpS4LvC7xVMWvzjJdUhTew6QycKcXguVvSI>]
Archived: <https://archive.is/sUMJ5>
DropBox: <https://www.dropbox.com/.../Facebook-Multiverse-Journal-Index-Number-2196-March-10th-2024-Sunday-Morning.pdf?rlkey=l2q5ajxgnht9ingvelhvnwze9&dl=0>

<https://www.minds.com/newsfeed/1613611602462904338>
<https://gab.com/StevWork/posts/112070919112456087>
Archived: <https://archive.is/kpfnO>
<https://twitter.com/StevWork/status/1766877341152645275>
[<https://twitter.com/StevWork/status/1766877341152645275>]

{Today’s videos & Articles}
DropBox: <https://www.dropbox.com/scl/fo/6cobjy96b6lqv3rhi4h5n/h.../h?rlkey=9sf48ctudm2x9dm2m4k1ve5r3&dl=0>

March 10th, 2024, Sunday Morning, Index Number 2196:

Many of the videos not provided near comment ..
DropBox: <https://www.dropbox.com/scl/fo/tcdfa27bivz1yagc8ibw0/h...>



